

PARROT BAY BEACH CLUB MENU

APPETISERS & LIGHT BITES

GRILLED TOMATO BRUSCHETTA WITH PARMESAN

LOBSTER AND TROPICAL FRUIT SKEWER

SNAPPER CEVICHE WITH RED ONION AND CORIANDER

HOMEMADE CHICKEN GOUJONS WITH CHILLI MAYONNAISE

SNAPPER CROQUETTES WITH GARLIC MAYONNAISE

TEMPURA LOCAL CHEESE WITH SUN DRIED TOMATO PESTO

SALADS

(AVAILABLE AS A STARTER OR MAIN)

ADD: FISH, LOBSTER OR CHICKEN BREAST

CLASSIC CAESAR

LETTUCE, CROUTONS AND PARMESAN WITH A RICH CAESAR DRESSING

QUINOA SALAD

TOMATO QUINOA, ROASTED PEPPERS AND FRESH TOMATO TOPPED WITH WHITE CRUMBLED CHEESE

PANZANELLA

TOMATO, MOZZARELLA, BASIL, CAPERS, CONFIT ONION, ANCHOVY AND CROUTONS

GARDEN SALAD

LETTUCE, SLICED RADISH, BEETROOT, TOMATOES, CUCUMBER AND SWEET PEPPER SERVED WITH A FRENCH DRESSING

IF THERE IS ANYTHING YOU DESIRE BUT DON'T FIND IT ON OUR MENU... IF WE HAVE THE INGREDIENTS AND YOU HAVE THE TIME, WE WILL GLADLY MAKE IT FOR YOU.

PARROT BAY BEACH CLUB MENU

SANDWICHES, BURGERS AND TACOS

CHICKEN CLUB SANDWICH

SOUS VIDE CHICKEN BREAST, SELVA NEGRA HAM, LETTUCE, TOMATO AND MAYONNAISE SERVED ON TOASTED BLOOMER

LOBSTER CLUB SANDWICH

LOBSTER TAIL, SELVA NEGRA HAM, LETTUCE, TOMATO, PICKLED ONION AND MAYONNAISE SERVED ON TOASTED BLOOMER

DELUXE BEEF BURGER

BRIOCHE BUN, CHEDDAR CHEESE STUFFED BEEF BURGER, TOMATO AND LETTUCE SERVED WITH ISLAND MADE BURGER RELISH

LOBSTER BURGER

LOBSTER TAIL, TOMATO, LETTUCE AND CHILLI MAYONNAISE SERVED ON A FRESHLY MADE BRIOCHE BUN

FISH TACOS

CRISPY FISH FILLET SERVED WITH LETTUCE, TOMATO, CORN TORTILLA, SALSA AND GUACAMOLE

CHICKEN TACOS

BREADED CHICKEN STRIPS SERVED WITH LETTUCE, TOMATO, CORN TORTILLA, SALSA AND GUACAMOLE

FRESHLY NICARIBBEAN

CATCH OF THE DAY

FRESHLY CAUGHT LINE FISH SERVED WITH FRENCH FRIES AND SALAD

CARIBBEAN JERK CHICKEN

DELICIOUSLY JERK CHICKEN SERVED WITH SALAD AND FRIES OR RICE NICARIBBEAN STYLE

CHURRASCO STEAK & FRIES

JUICY GRILLED CHURRASCO STEAK WITH A CHIMICHURRI SAUCE SERVED WITH FRIES AND SALAD

IF THERE IS ANYTHING YOU CRAVE BUT DON'T FIND IT ON OUR MENU... IF WE HAVE THE INGREDIENTS AND YOU HAVE THE TIME, WE WILL GLADLY MAKE IT FOR YOU.

PARROT BAY BEACH CLUB MENU

PIZZA

*ALL PIZZAS ARE MADE TO ORDER ON THE ISLAND
WE KEEP OUR OUTDOOR STONE OVEN HOT BETWEEN 12.00 –
16.00
PLEASE JUST LET US KNOW IF YOU WOULD LIKE US TO KEEP IT
GOING LONGER...*

ALL BASES ARE COVERED WITH A RICH TOMATO SAUCE

CALALITA

MOZZARELLA, TOMATO AND OREGANO

SPICY SAUSAGE

MOZZARELLA, CHILLI, CHORIZO AND SWEET PEPPER

LOBSTER

LOBSTER, RED ONION, MOZZARELLA, FRESH TOMATO AND
CAPERS

CAPRIOSCA

MOZZARELLA, FRESH TOMATO, HAM AND OLIVES

QUATTRO FROMAGIO

MOZZARELLA, CHEDDAR, GOUDA AND PARMESAN

IF THERE IS ANYTHING YOU DESIRE, BUT DON'T FIND IT ON OUR MENU... IF
WE HAVE THE INGREDIENTS AND YOU HAVE THE TIME, WE WILL GLADLY
MAKE IT FOR YOU.